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Division Of Pediatric Nephrology

Howard Trachtman, M.D.

INSTRUCTIONS FOR PARENTS OF CHILDREN WITH THE MINIMAL CHANGE NEPHROTIC SYNDROME

Christine Sethna, M.D.

Nurse

Rachel Frank, R.N., B.S.N., C.N.N.
Lulette Infante, R.N., B.S.N., C.P.O.N. The plan of treatment for your child will be as follows:
Suzanne Vento, R.N., B.S.N.

Social Work

Doris Polaniecki, L.M.S.W.

Secretary

LaTasha Coleman

1. You should test a first morning urine for protein everyday.

for 3 days in a row. The medication should be started on the 3rd day that the urine tests positive for protein.

3. The dose of prednisone is ______ two times per day. This should be taken until the urine shows 0 or trace of protein for 3 days in a row. On the 3rd day, you should switch to _____ given as a single dose every other day for 4 weeks (14 doses over 28 days). At the end

2. Prednisone should be started when your child shows 2+ protein or more

4. If your child has not had Chicken Pox or been immunized and is exposed while taking prednisone, you should notify us as soon as possible. Your child should not be given prednisone until either he/she has developed the chicken pox and it has resolved, or until 3 weeks after exposure.

Please call us if you are ever in doubt about what you should be doing.

Pediatric Nephrology Nurses: 718-470-3493 Emergencies and after hours: 718-470-3491

of 4 weeks, the prednisone should be stopped.

Howard Trachtman, M.D. Christine Sethna, M.D.