

Predoctoral Internship in Clinical Psychology

July 1, 2013 - June 30, 2014

Long Island Jewish Medical Center - The Zucker Hillside Hospital

Psychological Services

718-470-8390

Stewart Lipner, PhD

Director of Psychological Services, LIJ and NSUH Campuses

Elihu Turkel, PsyD

Director of Psychology Training and Adult Psychology Internship Track

Paul Mattis, PhD, ABPP-CN

Director of Neuropsychology, Assoc. Director - Clinical Neuropsychology Internship Track

Peter D'Amico, PhD, ABPP

Director of Child and Adolescent Psychology, Assoc. Dir. - Clinical Child Internship Track

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The Predoctoral Internship Program in Clinical Psychology at Long Island Jewish Medical Center - the Zucker Hillside Hospital is based on the practitioner-scholar model. The Internship resides in a major medical center that is part of a larger health care system and which provides both medical and psychiatric services to patients across the life span. This professional environment affords a unique opportunity to build competencies in clinical psychology through training in many different clinical settings with various treatment and assessment modalities. The training program facilitates professional development in a collegial and multidisciplinary environment that values the diversity of backgrounds of our staff, trainees, patients, and larger community.

Mission of the Health System: The North Shore-Long Island Jewish Health System strives to improve the health of the communities it serves and is committed to providing the highest quality clinical care; educating the current and future generations of health care professionals; searching for new advances in medicine through the conduct of bio-medical research; promoting health education; and caring for the entire community regardless of the ability to pay. The Health System aims to be a national health care leader, committed to excellence, compassion and improving the health of the community; to become the leader in providing quality health care which can be defined and measured; to improve the human condition by advancing disease-oriented, basic scientific and clinical research; to provide an exceptional learning environment; to act as a system and be recognized as the provider of choice which is operationally efficient and financially successful; to provide an environment in which patients, their families, and physicians are highly satisfied with the services provided through the Health System; to become the employer of choice through the development and support of a competent, motivated and productive workforce; to become an indispensable community asset by responding to identified health needs through education, advocacy, partnerships and programs which result in improved access to care and health outcomes; and to become the preferred hospital partner for physicians practicing in the service area.”

The Internship program began in 1966 with one half-time intern and in 2013-14 will be expected to consist of a complement of 11 full-time interns in three clinical tracks: Six in the Adult Psychology Track, two in the Clinical Child Psychology Track, and three in the Clinical Neuropsychology Track. The program provides a core of clinical and didactic experiences emphasizing those skills and knowledge relevant to all clinical psychologists. The specialized tracks offer additional experiences in their respective areas. This integration of general and specialized training is a particular strength of the Internship.

THE PROFESSIONAL SETTING

North Shore - Long Island Jewish Health System (NS-LIJHS) The Zucker Hillside Hospital, Cohen Children’s Medical Center, and the Long Island Jewish Medical Center are located on the Long Island Jewish Medical Center Campus. These hospitals as well as North Shore University Hospital at Manhasset are part of the larger North Shore - Long Island Jewish Health System. The nation's third largest, non-profit, secular healthcare system, the North Shore-LIJ Health System cares for people of all ages throughout Long Island, Queens, Manhattan and Staten Island – a service area encompassing more than

seven million people. The winner of the National Quality Forum's 2010 National Quality Healthcare Award, the North Shore-LIJ Health System consists of 15 hospitals, 17 long-term care facilities, The Feinstein Institute for Medical Research, three trauma centers, five home health agencies, a hospice network and dozens of outpatient centers. North Shore-LIJ's owned facilities house about 5,600 beds, employ more than 10,000 nurses and have affiliations with more than 9,000 physicians. Its workforce of about 42,000 is the largest on Long Island and the ninth largest in New York City. In June of 2010, Hofstra and North Shore-LIJ became partners in creating New York State's first new traditional medical school since 1963. It is designed to utilize a cutting-edge, innovative medical education curriculum that responds to the modern system of health care.

Long Island Jewish Medical Center (LIJMC): On the Long Island Jewish Medical Center campus, there are a total of 829 beds. The three clinical divisions located on the campus are situated on a 48-acre landscaped setting in Glen Oaks and New Hyde Park, NY. Persons from all ethnic and economic backgrounds are served by the Health System. The Zucker Hillside Hospital, Cohen Children's Medical Center, and Long Island Jewish Hospital constitute the Long Island Campus for the Albert Einstein College of Medicine (AECOM) where staff members maintain academic appointments. The Long Island Jewish campus is located on the border of New York City's Borough of Queens and suburban Nassau County, 15 miles east of Manhattan. Nearby buses connect with the New York City subway system and the Long Island Railroad.

North Shore University Hospital (NSUH) North Shore University Hospital in Manhasset is a tertiary care facility that is one of the cornerstones of the NS-LIJ health system. NSUH was named the nation's top hospital by AARP's Modern Maturity magazine. The hospital has 731 beds and a staff of approximately 2,700 specialist and subspecialist physicians. It offers the most advanced care in all medical specialties including open-heart surgery, neurosurgery, urology, and maternal-fetal medicine. The hospital also excels in intensive care for medical, surgical, newborn, and pediatric patients. The campus is located in suburban Nassau County approximately 20 miles west of New York City. Units at NSUH in which internship rotations take place within the Long Island Jewish - Zucker Hillside Hospital internship are described below in the relevant track rotation.

The Zucker Hillside Hospital (ZHH) consists of a psychiatric inpatient service of 223 beds, including specialized units for adolescents, the elderly, and women. Day and partial hospital psychiatric programs are available for adults, the elderly, and children/adolescents. The Ambulatory Care Center includes a general psychiatric outpatient clinic and specialty programs in Dialectical Behavior Therapy, Affective Disorders, Phobic and Anxiety Disorders, Geriatric Psychiatry, Obsessive Compulsive Disorder, Perinatal Psychiatric Disorders, Bipolar Disorder and an Urgicenter. The Zucker Hillside Hospital also has established an extensive network of community-based mental health and substance abuse programs serving adults and adolescents. Clinical rotations are available in some of these programs. The hospital is networked to support a computerized behavioral health information system and clinical record allowing clinicians to easily share important patient data, facilitate access to the Internet and reduce the burden of medical record documentation requirements.

For the second year in a row, The Zucker Hillside Hospital has been ranked by U.S. News & World Report as one of the nation's top psychiatric hospitals. In the magazine's recently released "America's Best Hospitals" issue, Zucker Hillside was ranked 19th for its expertise in psychiatry, moving up three spots from last year. This spring, scientists at The Zucker Hillside Hospital were awarded a \$9.8 million NIMH grant to develop a new center to study the characteristics of people in the throes of their first episode of schizophrenia. Zucker's prestigious ranking precedes plans to move ahead next year with the construction of a new inpatient pavilion, expected to cost \$120 million. A new 89,000-square-foot, \$33 million outpatient pavilion opened on the Zucker Hillside campus in 2004

Cohen Children's Medical Center (CCMC) is a 154-bed pediatric facility that was opened in 1983 as a resource for the care of acutely and chronically ill children. The Division of Child and Adolescent Psychiatry has a large ambulatory service that includes traditional outpatient psychiatric services and a crisis evaluation team. There is also an active Consultation-Liaison Service and a specialized Eating Disorders Program. There is a strong psychology presence in the Emergency Department and in the Department of Pediatrics (i.e., Hematology/Oncology and HIV services).

Long Island Jewish Hospital (LIJ) is a 452-bed tertiary care hospital providing comprehensive inpatient and outpatient care for adult patients in all major medical and surgical specialties. Functioning as a regional medical resource, the hospital provides: (1) State-of-the-art facilities for adult medical and surgical care, coronary and emergency care including the Heart Institute and the Institute of Oncology, (2) Advanced equipment for diagnosis and treatment including Magnetic Resonance Imaging (MRI), Computerized Tomography (CT) and Radiography, linear accelerators, nuclear scanning, fiber-optic technology, microsurgery and laser surgery, (3) A broad range of government and philanthropy supported research programs in psychiatric illness, heart disease, cancer, arthritis and blood dyscrasias, (4) Approved regional centers for treatment of cystic fibrosis, hemophilia, muscular dystrophy, and epilepsy, (5) Inpatient, outpatient and community based renal dialysis services, and (6) A fully integrated psychiatric consultation-liaison service.

The Cushing Neuroscience Institute (CNI) North Shore-LIJ's Cushing Neuroscience Institute was established in 2006 and is a multidisciplinary continuum of neuroscience programs that combines medicine, scientific research and technology, clinical programs, surgical techniques and education to advance the diagnosis and treatment of neurological diseases and disorders. The Cushing Neuroscience Institute's team of neurospecialists is dedicated to providing high-quality, world-class medical and surgical care, while maintaining the highest ethical standards. Including both the Departments of Neurology and Neurosurgery, clinical services are provided throughout the health system, including neuropsychology. CNI includes the 35 bed program at LIJ and 25 bed program at NSUH. This includes the Epilepsy Monitoring Units which has eight beds within the NSUH and LIJ, as well as in the 16 bed stroke unit at NSUH.

Transitions of Long Island® is a comprehensive neuro-rehabilitation program for individuals with acquired neurologic injuries, including traumatic brain injury, stroke, brain

tumor, anoxia, encephalitis, mild head injury and other brain diseases. A program of the North Shore-Long Island Jewish Health System, **Transitions®** has experience in providing specialized services to individuals with Acquired Brain Injury since 1988.

Psychology at Long Island Jewish Medical Center and North Shore University

Hospital/Manhasset The role of psychology and the expansion of training opportunities for psychologists have paralleled the growth of mental health services. With the integration of psychiatric and psychological services based at NSUH into those at the Long Island Jewish Medical Center under the aegis of The Department of Psychiatry, programs and staff based at NSUH became part of the internship in clinical psychology at Long Island Jewish Medical Center, The Zucker Hillside Hospital as of July 2007. Combined, over 30 psychologists based at The Zucker Hillside Hospital and NSUH contribute to every aspect of patient treatment. Psychologists direct programs, provide patient care, supervise, teach, conduct research and consult in varied community settings. Psychologists typically work in consultation and collaboration with other professionals. In addition to our Internship in Clinical Psychology, there is an APA-accredited post-doctoral clinical fellowship that includes positions in clinical child psychology and in clinical psychology with an emphasis in geropsychology. Also, there are over 25 psychology externs. For more information about Psychological Services staff and activities as well as about the hospital, visit the website of the [North Shore-Long Island Jewish Health System](#) and also [The Zucker Hillside Hospital](#).

Research The Feinstein Institute for Medical Research is the research branch of the North Shore-Long Island Jewish Health System. Biomedical research has been a vital aspect of its two academic medical centers – North Shore University Hospital and Long Island Jewish Medical Center – since their establishment in the early 1950's. Through its connection to the hospital system, the Institute bridges the gap between biomedical research and patient care, accessing hundreds of thousands of patients in the health system's 15 hospitals, four long-term care facilities, three trauma centers, six home health agencies and dozens of outpatient facilities. Institute scientists collaborate with clinicians throughout the system to shed light on basic biological processes underlying disease. This knowledge is used to develop new therapies and diagnostics.

Currently, more than 800 scientists and investigators are conducting research in oncology, immunology and inflammation, genetics, psychiatry, neurology, pediatrics, surgery, urology, obstetrics/gynecology and many other specialties. In 2008, the Feinstein received funding from the National Institutes of Health in excess of \$28 million, and an additional \$10 million from other federal sources. Total annual research funding from all sources exceeded \$44 million in 2008.

Research at The Zucker Hillside Hospital The internationally recognized research program at The Zucker Hillside Hospital attracts trainees and visiting scientists from the U.S. and abroad. The hospital's inpatient, day hospital and outpatient facilities serve as sites for research investigation. Investigators and research staff are housed in a dedicated research facility, the Leon Lowenstein Research Building, and subsumed under the Feinstein Institute for Medical Research. Comprehensive research facilities may be used by interns if applicable to their placements as time permits. The National Institute for Mental Health (NIMH) funds the Zucker Hillside Hospital's Intervention Research Center for the

Study of Schizophrenia. The Center is only one of two such resources in the country and provides support for a number of NIMH funded studies of treatment in schizophrenia. Additionally, the National Institute of Mental Health, the National Institutes of Health and the American Recovery and Reinvestment Act have recently announced \$40 million funding for a new study called RAISE (Recovery After an Initial Schizophrenia Episode), a large-scale, research project that seeks to fundamentally change the way schizophrenia is treated by developing and testing innovative and coordinated intervention approaches in the early stages of the illness. The study - of which about \$25 million is earmarked for scientists at The Zucker Hillside Hospital campus of The Feinstein Institute for Medical Research will involve two independent teams of researchers, one being led by Zucker Hillside/Feinstein scientists and another at Columbia University's New York State Psychiatric Institute. Research is also conducted in bipolar disorder, depression, dementia, childhood behavioral disorders, epilepsy, and anxiety disorders. These studies are funded by the federal government, foundations, and the pharmaceutical industry. Psychologists play a prominent role in many of these studies.

The Health Sciences Library at the Long Island Jewish Medical Center is an integrated system that includes libraries at the LIJ and The Zucker Hillside Hospital Divisions. All employees of Long Island Jewish Medical Center, attending physicians on staff, students participating in current clinical rotations, and authorized volunteers are eligible for library privileges. The library is open to the public for use of on-site collections and photocopying, or viewing of consumer health videos. Resources include Elijahcat, MEDLINE, OVID, PubMed, ACP Medicine & ACS, Federal Register, Surgery, StatRef, Associations and Governmental/Healthcare Sites, MDConsult, Electronic and Print Journals, Books on Cultural Diversity, Consumer Health, Electronic Textbooks, and Health and General Reference.

The Health Sciences Library at the Zucker Hillside Hospital collection consists of approximately 5,000 bound journals and 9,000 books, with subscriptions to over 200 journals. Computer workstations are available at the Hillside Library and many other locations within the institution. Access to the Internet is provided to authorized staff and trainees. Print and audiovisual materials not available at the Hillside and LIJ libraries can be obtained via cooperative arrangements with other libraries. The Libraries are continually updating their print and electronic resources to optimally support clinical care, education, and research.

OUR VALUES REGARDING DIVERSITY

The Medical Center provides services to a diverse clientele that mirrors the cultural richness of the New York City metropolitan area. Medical Center clientele are diverse with respect to race, ethnicity, religious faith, sexual orientation, age, disability status, and life experience. We believe that diversity is a rich resource for personal and professional development. We value the diversity of our staff and trainees and believe that their many backgrounds strengthen our Medical Center. The Long Island Jewish Medical Center serves Nassau and Suffolk counties as well as the borough of Queens, which is the most diverse county in the nation, with over 170 languages spoken inside the county.

North Shore LIJ Health System is promotes equal opportunity and non-discrimination and welcomes applications from all qualified students regardless of race, ethnicity, religious faith, sexual orientation, age, or disability status as defined by applicable law. Qualified members of minority groups that have historically been under-represented are especially encouraged to apply and are welcome to indicate minority status in their application materials.

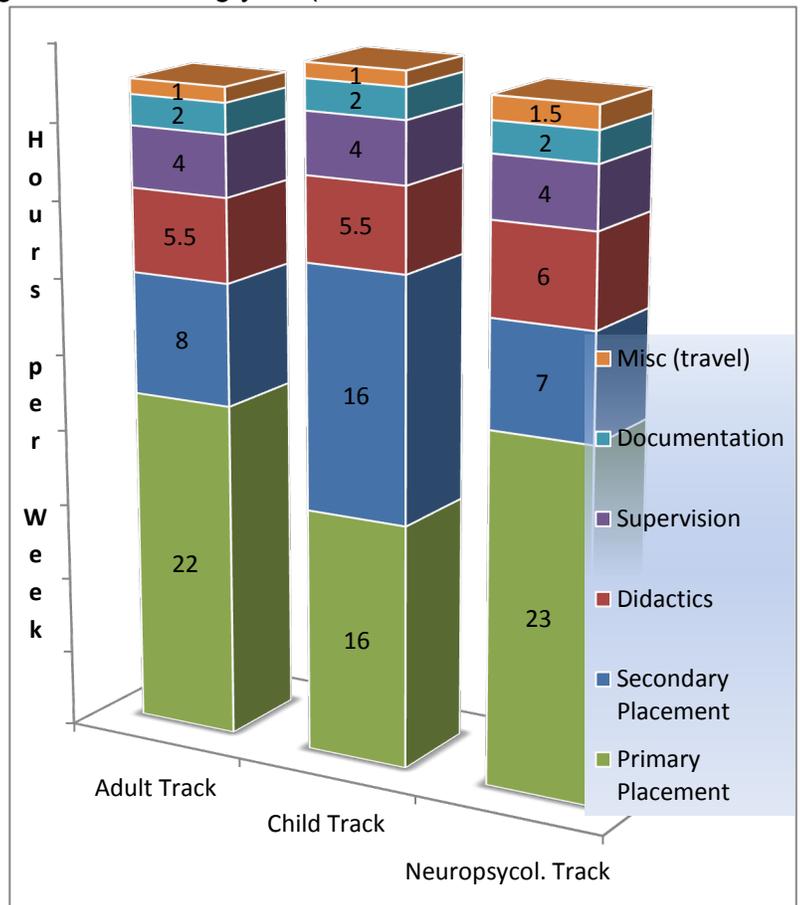
THE PREDOCTORAL TRAINING PROGRAM

Each of the Internship tracks complements core training with specialized seminars and clinical rotations. All Interns participate in a common set of didactic experiences. A description of the overall Internship program and each of the tracks is provided below. *As staffing or programs may change unexpectedly, not all placements listed below may be available each year. We will make every effort to publicize any substantive changes that occur after the posting of this brochure.*

Although time commitment varies throughout the training year (and within each track of the internship), interns work about 40-50 hours per week.

The structure, time demand and nature of rotations and placements vary across the three training tracks, but in general interns spend 75% of their time providing clinical services (including individual and group psychotherapy, diagnostic and assessment services, consultation and participating in interdisciplinary team meetings) on one or more of the structured and intensive settings to which they are assigned on a rotating basis (usually for up to 6 months at a time) and at outpatient or specialized clinical placements. (Within the above category of clinical services, psychological assessment constitutes different proportions for the different tracks; for neuropsychology track interns assessment may comprise ~60% of their time while for the adult and child tracks it is closer to 10%.)

Neuropsychology interns also spend time involved in the active pursuit of research. Travel



(not more than 1-2 hours per week) is sometimes necessary between placements as interns may have assignments on different campuses. Some evening time is required with outpatient placements. Seminars constitute about 4-7 hours per week depending on the track (except for during the initial week of orientation which is dominated by didactics). Documentation is accomplished via an electronic medical record (EMR) on most sites and comprises approximately 2 hours per week. Finally, interns spend an average of 4 hours per week receiving face-to-face supervision, at least 2 hours of which is individually based and with additional supervision on an ad hoc basis. The accompanying chart depicts the above components with their average time demands.

ADULT PSYCHOLOGY TRACK

National Matching Services Program Code Number: 145912

(6 Interns)

PLACEMENTS

The Internship experience takes place within **primary** and **secondary** placements with an additional, simultaneous, year-round **psychological assessment** assignment. Primary placements consist of six-month rotations on a psychiatric inpatient unit and a partial/day hospital. (In the event that these settings are insufficiently staffed for training purposes, educational alternative settings may be considered.) Primary placements typically require about sixty percent of an intern's time and generally occupy morning and afternoon hours. Another 20-25 percent of the intern's time is devoted to one of the secondary placements where the intern remains throughout the internship year. Interns may have secondary placements in ambulatory clinical services located on the campuses of the Zucker Hillside Hospital (ZHH), Long Island Jewish Hospital, North Shore University Hospital (NSUH) at Manhasset, or at other programs operated by the Health System. Psychological Assessment comprises a third, standard assignment throughout the year. Some evening time is required and will vary with respective placements. Placements are described in more detail below. Assigned placements are determined during the spring preceding the start of internship and are based on such factors as interns' training needs, resource and staffing availability, and placement compatibility. Emphasis is placed on providing interns with exposure to diverse populations and settings. ***As staffing or programs may change unexpectedly, not all placements listed below may be available each year.***

Primary Placements – Adult Track

Inpatient Service: Interns are assigned to one of the Inpatient Psychiatry units at either NSUH or ZHH.

Adult Psychiatry Inpatient at NSUH: The inpatient psychiatric unit has 26 beds and serves patients representing a cross-section of socio-economic groups and psychiatric disorders. The NSUH inpatient unit is situated in a large tertiary care medical hospital. On the psychiatry inpatient unit, the intern participates in daily multidisciplinary clinical rounds, community meetings, staff meetings, and case conferences. The intern also functions as a clinical consultant, providing short-term individual psychotherapy for a select patient caseload, group psychotherapy and psychological testing as needed. Group therapy generally consists of empirically-based and/or modified process approaches adapted to the setting and population.

Adult Psychiatry Inpatient at ZHH: The inpatient psychiatry service at ZHH consists of over 200 beds distributed among eight adult inpatient units. As a clinical consultant on one of the units, the intern provides group psychotherapy for specific patient sub-populations and intensive short-term therapy for referred patients. The intern also participates in diagnostic interviewing sessions and team meetings as well as multidisciplinary clinical rounds, community meetings, staff meetings, and case conferences on the assigned unit and administers psychological test batteries as needed. Group therapy generally consists of empirically-based approaches adapted to the setting and population.

The Adolescent Pavilion

Located on the grounds of Zucker Hillside Hospital, the Adolescent Pavilion (AP) is a 21-bed, acute-care psychiatric unit for adolescents (ages 13-18). Patients on the AP receive treatment for a wide spectrum of psychiatric disorders and often carry multiple diagnoses. Multi-disciplinary treatment on the AP includes, but is not limited to, individual, family, and group psychotherapy, rehabilitation groups, and disposition planning. Psychology interns are an integral part of the treatment team and participate actively in the therapeutic milieu and staff meetings. Interns provide short-term therapy for referred patients, and participate in diagnostic interviewing sessions and team meetings as well as multidisciplinary clinical rounds, community meetings, staff meetings, and case conferences. Interns serve as co-leaders of the twice-weekly cognitive-behaviorally oriented therapy groups. Significant experience is also gained in implementing crisis management and utilizing behavioral modification. Interns also provide psychological evaluations for diagnostic clarification and placement decisions.

Partial Hospital Programs: Placements are in the *Adult Partial Hospital* or the *Geriatric Psychiatry Partial Hospital*, both at ZHH. Partial hospital programs are utilized as an alternative to inpatient hospitalization or as a step-down from inpatient hospitalization. Each setting provides a therapeutic milieu for psychiatric patients who, while not in need of hospitalization, are unable to function at work or in other aspects of community life. In the role of primary therapist to a caseload of patients, the intern is responsible for all aspects of

care including intake evaluation, treatment planning, psychotherapy, consultations regarding medication with staff psychiatrist, and with community agencies, discharge planning, and related activities. The intern also co-leads group therapy sessions each week and may perform psychological assessment with referred patients. Group therapy generally consists of empirically-based approaches adapted to the setting and population. The intern functions as part of the multi-disciplinary team, attending daily staff meetings where issues of program planning and development, as well as day-to-day functioning of patients are addressed.

Adult Partial Hospital: This setting provides daily therapy and activity groups, pharmacotherapy, individual and family therapy for a heterogeneous population of adult patients with subacute, severe psychiatric disorders. Interns have primary case management and individual/family psychotherapy responsibility for patients, co-lead groups, and attend staff meetings. Interns learn rapid assessment and treatment planning and work intensively to increase stabilization and to prepare patients for the next level of care.

Geriatric Psychiatry Partial Hospital: Similar in structure to the other day treatment settings, the Geropsychiatry Partial Hospital offers brief, subacute care for older adults. The modal diagnostic category is mood disorder. The intern has daily contact with a highly integrated, multidisciplinary staff with specialized skills in the assessment, care and psychiatric treatment of older adults. The intern also interacts regularly with other trainees assigned to that specialized program (psychology externs, fellows, residents).

Secondary Placements – Adult Track

Below is a listing of the range of possible secondary placements. Not all placements will be filled every year. A number of assignments may be available on a partial basis or in a mixed configuration with other placements if scheduling and staffing permit. Assignments will take into consideration interns' needs/interests, service needs, available supervisory time and compatibility.

The Older Adult/Geriatric Psychiatry Center (ZHH): The Center provides comprehensive psychiatric evaluation and treatment to older adults (mostly above the age of 60). Center hours are generally 9-5 pm; no evenings are required. Patients seen at the Center predominantly have psychiatric disorders characterized by depression, anxiety and adjustment reactions to life stressors. A much smaller subgroup of clinic patients have psychosis and many of those are in fairly stable condition; quite a few patients are experiencing their first episode of mental illness. Most of our psychotherapy cases are cognitively intact older adults.

Patients selected for intern assignment are those assessed to be excellent therapy candidates. Interns will receive training in Psychodynamic, IPT or CBT modalities. In addition to being trained in intervention approaches that are applicable throughout the life

span, virtually anyone in practice will treat a growing percentage of older adults and this placement equips the clinician with the necessary tools for this population. Patients seen at the Center predominantly have psychiatric disorders characterized by depression, anxiety and adjustment reactions to life stressors. A typical patient might be a community dwelling retired widower dealing with anxiety as well as unresolved grief for spouse or adult child. A much smaller subgroup of clinic patients have psychosis and many of those are in fairly stable condition; quite a few patients are experiencing their first episode of mental illness. Most of our psychotherapy cases are cognitively intact older adults. If a student has a particular interest in dementia issues, we may be able to provide ancillary experiences within the Neuwirth Memory Disorders Program.

- A weekly **Geropsychology Seminar** is provided and other didactic options (depending on schedule and interest) include group supervision, journal club and case conference.
- Interns will have the opportunity to receive intensive training in the implementation of the evidence-based intervention of **Interpersonal Therapy (IPT)** (Weissman, Markowitz & Klerman, 2000) by participating in the IPT seminar and receiving supervision based on audio-taped sessions of a dedicated case.

The Adult Psychiatry Outpatient Center (ZHH): The center provides outpatient mental health services to adults with a wide range of psychiatric problems. The intern primarily conducts individual psychotherapy in this setting and may participate in case discussion, team meetings, and didactic presentations. Patients in this clinic have varied backgrounds, ethnicities, diagnoses and symptoms. Patients with chronic but stable, severe disorders are seen here as are higher functioning individuals with more acute but manageable symptom episodes. Treatment modalities may include cognitive-behavioral, psychodynamic, supportive and interpersonal approaches. The intern may also co-lead an outpatient psychotherapy group during the course of the year.

The Program in Dialectical Behavior Therapy at the Adult Outpatient Psychiatry Department, ZHH. The program implements Marsha Linehan's Dialectical Behavior Therapy (DBT) in the treatment of individuals with Borderline Personality Disorder. The intern provides individual and group DBT therapy, as well as phone coaching calls and works with a multidisciplinary DBT team.

The Phobia and Anxiety Disorders Center (ZHH): This program specializes in the treatment of adult outpatients diagnosed with a range of anxiety disorders. Patients may receive individual and group treatment, psychopharmacologic treatment and in-vivo exposure treatment. The intern co-leads a phobia group and provides individual psychotherapy to persons with anxiety disorders. The phobia group is a unique aspect of this assignment: staff and patients meet both in a formal group setting and in the field (e.g., open spaces, elevators, etc.) where there is in-vivo application of discussed approaches (e.g., desensitization, cognitive-behavioral interventions).

Research at The Center for Translational Psychiatry (ZHH): is one of the Centers of Excellence within the Feinstein Institute for Medical Research at the North Shore - Long Island Jewish Health System. Investigators within this Center conduct NIMH-funded research examining the neurobiological and genetic basis of psychiatric disorders, including schizophrenia and bipolar disorder. Investigators also design and implement clinical trials that examine the efficacy of pharmacologic treatments for these disorders. The intern will work closely with investigators within the Center on existing research projects or develop his/her own project in collaboration with investigators. Based on these experiences it is expected that the intern will author a paper, present it at a scientific conference and/or submit to a peer-reviewed journal for publication. The intern will also have the opportunity to learn clinical rating assessments and structured diagnostic clinical interviewing and to participate in research seminars and a journal club.

Specialized Ambulatory Centers (ZHH):

The Specialized Ambulatory Centers consists of diagnosis-specific centers of excellence oriented towards structured diagnostic interviews, evidence-based psychotherapy and pharmacotherapy, metric-based outcomes measurement, patient/family psychoeducation, and a research interface. Currently, centers in Bipolar Disorder, Early-Phase Psychosis, and Obsessive-Compulsive Disorder (OCD) have been established according to these parameters, however others are planned. The intern will be part of a multidisciplinary team at one or more of these centers performing the following specific duties:

- comprehensive diagnostic interviews
- individual psychotherapy
- group psychotherapy
- administering reliable and valid rating scales to monitor clinical outcomes
- psycho-education

Opportunities may also available for interns to participate in ongoing research. The principal goal of this placement is for trainees to refine their clinical skills through work in evidence-based treatment in a multidisciplinary, academic, hospital-based setting.

Perinatal Psychiatry (ZHH): at the Adult Outpatient Psychiatry Program

The Perinatal Psychiatry track provides evaluation, consultation and/or treatment for:

- Women who are pregnant or planning a pregnancy that require psychotherapy or medication management
- Women who develop or have increased or a return of previous psychiatric symptoms in the period following childbirth throughout the perinatal period of one year

Treatment may include:

- Psychopharmacology
- Individual therapy may be one of several modalities depending on the presenting problem. These include IPT, CBT, supportive, crisis intervention, psychoeducation and combinations of these
- Group therapy

- Enhanced collaboration of care with other service providers such as OB/GYN, the NICU, the maternity units, etc...
- Case management such as assistance with accessing or maintaining various resources

In this program, the intern primarily conducts individual psychotherapy. There are opportunities for learning and implementing Interpersonal Therapy-IPT (Weissman, Markowitz & Klerman) or group therapy with this population. The intern also participates in initial phone screenings, a group supervision involving didactics and case discussions, as well as team meetings.

Psychological Assessment – Adult Track

Psychological Assessment refers to a consultation service that receives referrals from mental health providers throughout the ZHH and NSUH psychiatry campuses. While some testing may be built into primary assignments, all interns will be assigned referrals from a general pool on a rotating basis throughout the year. Referrals generally involve psychodiagnostic and/or general cognitive assessment, and customized feedback is provided to treatment teams within days of the assessment. Fundamental competency with the use of personality (projective and objective) and intellectual measures in a psychiatric patient population is presumed. Interns may also administer specialized screening batteries at various hospital settings. There may be opportunity to obtain exposure to neuropsychological assessment based on the intern's interest and skill and given the availability of resources. This placement aims to deepen interns' knowledge and skills regarding common instruments, provide experience with some unfamiliar but useful instruments and approaches, enable mastery of a flexible battery approach which is focused on the referral question, and enhance reporting and feedback skills.

SUPERVISION – Adult Track

Interns receive *four or more hours per week* of supervision, with additional supervision available as needed. Members of the psychology training faculty supervise psychological testing and psychotherapy conducted by psychology interns. Supervision bearing on medical issues or psychopharmacological intervention may be provided by a senior psychiatrist.

Where possible, interns are involved in *learning to provide supervision*. This is sometimes carried out in the form of "supervised supervision" for group or individual therapy conducted by a more junior trainee (e.g., psychology extern) as well as didactic sequences devoted to theories and principles of supervision. Other formats may include role-play, role reversal and hypothetical scenarios.

CLINICAL CHILD PSYCHOLOGY TRACK

National Matching Services Program Code Number: 145914

(2 Interns)

The clinical child track is based on the premise that broad exposure to a variety of diagnoses, developmental states, and treatment approaches is essential to the development of competencies for a clinical child intern. Interns work under the close supervision of psychologists and as part of interdisciplinary teams. The intern learns to identify and classify a broad range of symptoms of psychopathology within the DSM-IV diagnostic framework that effect development and adjustment. There is a strong emphasis on intern mastery of psychological assessment methods relevant to children and their families (e.g., psychological and neuropsychological testing, clinical and family interview techniques). Clinical placements also encourage use of a range of intervention techniques.

Through experiences in outpatient, inpatient, emergency room, and elective placements, competencies are acquired in assessment, diagnosis and treatment. Clinical placements encourage use of a variety of treatment strategies and modalities including short-term problem-oriented therapy, cognitive-behavioral therapy, family therapy, group therapy, and crisis intervention.

PLACEMENTS – Child Track

Outpatient Placement (20 hours a week for 12 months)

Child and Adolescent Ambulatory Services (ZHH)

In the Child and Adolescent Outpatient Department interns will have the opportunity to gain experience in individual, family, and group therapy working with a diverse clinical population. Interns typically carry 8 individual or family cases and co-lead 1 weekly group. At least 2 cases are typically designated as family cases, for which interns will receive group supervision on family therapy interventions. Additionally, 2 cases will be designated as Anxiety Clinic cases, which will have been identified as suitable for a structured CBT intervention. Interns are expected to attend the weekly Evidence-Based Treatments Group Supervision, which typically includes Anxiety Clinic team meeting/group supervision and Group Therapy supervision.

Inpatient Rotation (20 hours a week for 6 months)

The Adolescent Pavilion Located on the grounds of Zucker Hillside Hospital, the Adolescent Pavilion (AP) is a 21-bed; acute-care psychiatric unit for adolescents (ages 13-18). Patients on the AP receive treatment for a wide spectrum of psychiatric disorders and often carry multiple diagnoses. Multi-disciplinary treatment on the AP includes, but is not limited to, individual, family, and group psychotherapy, rehabilitation groups, and disposition planning. Psychology interns are an integral part of the treatment team and participate actively in the therapeutic milieu and staff meetings. Interns provide short-term therapy for

referred patients, and participate in diagnostic interviewing sessions and team meetings as well as multidisciplinary clinical rounds, community meetings, staff meetings, and case conferences. Interns serve as co-leaders of the twice-weekly cognitive-behaviorally oriented therapy groups. Significant experience is also gained in implementing crisis management and utilizing behavioral modification. Interns also provide psychological evaluations for diagnostic clarification and placement decisions.

Elective Rotation - Child Track (16 hours a week for 6 months)

Interns can choose two 8-hour-per-week electives or one 16-hour-per-week elective (with the exception of Eating Disorders and Trauma Treatment which require a 16 hours a week commitment and cannot be combined with any other electives).

Medical Health Psychology Service The service provides treatment in coordination with the Hematology-Oncology Service at Cohen Children's Medical Center. This placement affords interns the opportunity to interface with medical pediatric staff. Interventions include facilitating psychological adaptation to chronic conditions, managing pain and symptoms, enhancing compliance with prescribed treatments, and implementing different psychotherapeutic modalities and orientations in the treatment of pediatric and adolescent problems.

Eating Disorders Program This program located at Cohen Children's Medical Center provides services to children, adolescents, and young adults up to age 21 diagnosed with Anorexia Nervosa, Bulimia Nervosa, and Eating Disorder Not Otherwise Specified, as well as co-morbid diagnoses. Interns carry a caseload of up to two patients at a time who are admitted to the Adolescent Medicine inpatient unit or the Eating Disorders Day Program. Interns serve as primary therapists, following cases from intake throughout their admission, often across both inpatient and day program settings. Responsibilities include providing diagnostic interviewing, individual and family therapy, and leading weekly cognitive behavioral therapy (CBT) or dialectical behavior therapy (DBT) skills groups. This setting emphasizes the use of empirically based treatments (EBTs) and a didactic seminar is offered to familiarize trainees with EBTs for eating disorders. Psychology interns are an integral part of the treatment team as well as the therapeutic milieu and participate actively in daily staff meetings and weekly multi-family meetings. This placement allows for extensive experience in working in a multi-disciplinary, milieu setting, as well as in collaboration with the Adolescent Medicine physicians and nutritionists.

Trauma Treatment/Trauma Grants On this placement trainees participate in trauma-treatment programs based at North Shore University Hospital. Current clinical programs include a Crime Victims grant and the Rosen Family Wellness Center for Law Enforcement and Military Personnel and their Families. A strong emphasis is placed on learning and applying evidence-based treatment approaches for working with trauma victims. This rotation includes work with children, adults, couples and families. Additionally, as part of the rotation, interns can select to work within the ADHD Family Based Group Treatment

program for parents and children, which is currently being offered in partnership with the Department of Pediatrics at Cohen Children's Medical Center.

Emergency Room - Child Track (4 hours a week for 6 months)

Child Track Interns will spend 4 hours per week during the elective rotation working on the Child Psychiatry Consultation Service at Cohen Children's Medical Center Pediatric Emergency Room. As members of the child psychiatry consultation team in the ER, interns will learn how to interview children and adolescents in crisis, formulate diagnostic impressions, and develop treatment dispositions under the supervision of the staff psychologist and attending child psychiatrist.

SUPERVISION – Child Track

Interns receive *four or more hours per week* of supervision, with additional supervision available as needed. Internship supervisors represent a breadth of theoretical orientations including cognitive, behavioral, and family systems.

Where possible, interns are involved in *learning to provide supervision*. This is sometimes carried out in the form of “supervised supervision” for group or individual therapy conducted by a more junior trainee (e.g., psychology extern) as well as didactic sequences devoted to theories and principles of supervision. Other formats may include role-play, role reversal and hypothetical scenarios.

CLINICAL NEUROPSYCHOLOGY TRACK

National Matching Services Program Code Number: 145913

(3 interns)

The Clinical Neuropsychology Track of the Pre-Doctoral Internship Program in Clinical Psychology provides intensive clinical training and experience in neuropsychological assessment and consultation. Clinical Neuropsychology Track training facilitates the integration of prior didactic doctoral education and clinical externship exposure with more advanced clinical practice in neuropsychology. The training thus prepares the intern for a two-year post-doctoral fellowship in clinical neuropsychology followed by a career as an independent provider of neuropsychological services.

The Clinical Neuropsychology Track follows the model of training proposed by the Houston Conference on Specialty Education and Training in Clinical Neuropsychology, as well as the ongoing recommendations of the Association for Internship Training in Clinical Neuropsychology (AITCN). In this one-year, full-time experience most of the clinical

neuropsychology track intern's time is devoted to neuropsychology with the remainder dedicated to general training in other aspects of clinical psychology.

PLACEMENTS - Neuropsychology Track

Clinical Neuropsychology Track interns participate in examination and consultation services in programs associated with four major hospitals - **Long Island Jewish Hospital, North Shore University Hospital, The Zucker Hillside Hospital, and Cohen Children's Medical Center**. Through these placements interns gain experience with a wide variety of neurological, neuropsychiatric and developmental disorders. The Neuropsychology track interns train alongside neurology residents, neuropsychology fellows, other clinical interns, and neuropsychology externs from local universities. Specialty track didactic experiences include seminars in neuropsychology, neuroanatomy and neuro-imaging. Other educational forums include neuro-radiology rounds, neurology grand rounds, and neurosurgery grand rounds.

The training year is divided into three four-month rotations. Within each rotation, interns participate in one or two neuropsychological assessment placements. Interns devote approximately 60% of their time to these activities. Interns are also assigned to psychotherapy placement, which runs for the entire year, accounting for another 20% of the trainees' time. The remainder of the interns' time is spent in educational activities.

Clinical Neuropsychology Placements

Comprehensive Epilepsy Program/Department of Neurology/Cushing Neuroscience

Institute: Within the Neurology service of the Cushing Institute of Neurosciences interns gain intensive training in neuropsychological assessment of adults with actual or suspected neurological diseases and disorders. Interns perform outpatient neuropsychological evaluations of patients referred from the Department of Neurology and other sources. These evaluations include comprehensive assessments of epilepsy patients from the Department's Comprehensive Epilepsy Center, such as candidates for epilepsy surgery. Patients with suspected dementia, mild head injury, stroke, movement disorders, neoplasm, infectious diseases, and other neurological disorders are also seen as part of this service. It is also common for referrals to come from affiliated neurosurgeons (e.g., pre operative and follow up assessments of brain tumor patients), community neurologists, geriatricians (who typically refer the more difficult differential diagnoses rather than Alzheimer's disease), and psychiatrists. All interns will have the opportunity to observe resective neurosurgery in the O.R. and participate in Wada testing and cortical mapping of cerebral functions with electrical stimulation of the brain.

Movement Disorders Program/Department of Neurology/ Cushing Neuroscience

Institute: Within the Movement Disorders Program interns gain training in neuropsychological assessment of adults with movement disorders, including Parkinson's disease, Huntington's disease, and essential tremor. Interns consult with neurologists, geneticists, and neurosurgeons regarding diagnostic issues such as dementia; they also evaluate patients' readiness to undertake genetic testing for the HD gene and the capacity to benefit from functional brain surgery with deep brain stimulator placement. Interns can also participate in the NS-LIJ Health System's Huntington's disease Center of Excellence

(HDSA). This is a multidisciplinary program crafted to meet the complex needs of patients with HD, and is staffed by neurologists, a speech pathologist, a physical therapist, a social worker, and a neuropsychologist.

During this rotation interns will also participate in comprehensive neuropsychological evaluation of children, ages 6-years and older. Referrals to this program tend to come directly from parents, school districts, pediatricians, and pediatric neurologists. The majority of patients in this program have developmental disorders, such as LD, ADHD, and Autism. However, children with traumatic brain injury, brain tumors, and epilepsy are also seen regularly.

Pediatric Medicine/Cohen Children's Medical Center: With this program interns gain experience in neuropsychological assessment of children with developmental, neurological, and medical disorders. The majority of cases come from the Department of Pediatric Neurology and Hematology/Oncology, and interns work closely with attending physicians and residents from these departments. Commonly seen patients include those with epilepsy, leukemia, brain tumors, and traumatic brain injury. Although children with developmental disorders can be seen, this program focuses on acquired and genetic disorders. Interns also attend and participate in morning rounds and journal club within the Cohen Children's Hospital programs.

Neurorehabilitation/Transitions of Long Island: Transitions of Long Island is a comprehensive neurorehabilitation program for individuals with acquired neurological injuries. Transitions provides both inpatient and outpatient rehabilitative services, utilizing a holistic, interdisciplinary team approach (i.e., physical therapy, occupational therapy, speech-language therapy, cognitive rehabilitation, neuropsychology, social work, rehabilitation counseling, pre-vocational counseling, nursing, life skills training, and medical and case management). Interns work with adolescents and adults in Transitions' outpatient program. During this rotation the trainee gains experience in assessment of individuals with a variety of neurological diagnoses including traumatic brain injury, stroke, brain tumor, anoxia, encephalitis, and mild brain injury. Attendance at interdisciplinary team rounds, in-services and journal reviews, as well as observation of other neurorehabilitation disciplines, is encouraged.

The Zucker Hillside Hospital: Within the Adult and Geriatric units at Zucker-Hillside Hospital, interns gain training in the diagnostic evaluations of patients with psychiatric disorders, who are also suspected to have neurological diseases or disorders. This includes comprehensive evaluations of primary progressive disorders, such as Frontal Temporal Dementia and Alzheimer's disease, but also focal neurological disease. Interns also conduct baseline evaluations of patients who are entering treatment within the hospital's First Episode Schizophrenia Program. These evaluations are conducted to provide an understanding of the patients' functional level and to guide treatment.

Inpatient Neurology: Within the Comprehensive Epilepsy and Movement Disorders rotations, interns consult on inpatient medical units at LIJ and NSUH. Assessments can include comprehensive inpatient evaluations of epilepsy patients referred from the Department of Neurology Comprehensive Epilepsy Center including candidates for epilepsy surgery. In addition, the interns conduct consultations and evaluations of patients with a variety of acute neurobehavioral syndromes (e.g., aphasia, amnesia, agnosia, hemispatial

neglect) that are secondary to stroke, acute infectious disease, metabolic disorders, and other causes.

Psychotherapy Experience - Neuropsychology Track

Each intern carries a caseload equivalent to five hours per week of psychotherapy throughout the internship year. The assignments consist of individual psychotherapy cases and/or group therapy. Psychotherapy experience will be gained in one of the following settings: (1) Transitions of Long Island: an outpatient cognitive rehabilitation program for adults over the age of 18-years, (2) the Geriatric Psychiatry Inpatient Unit: an inpatient mental health unit for persons 65 years or age or older (3) The START Program: A manualized treatment for first episode schizophrenia patients.

SUPERVISION - Neuropsychology Track

A central premise of the Clinical Neuropsychology Track is that interns benefit most from broad exposure to different supervisory styles and orientations. Four or more hours of weekly supervision are provided. Interns typically work with three or more different supervisors during the course of the year. While no single neuropsychological orientation is advocated over others, emphasis is given to flexible, hypothesis testing assessment strategies rather than fixed-battery approaches. Both quantitative and qualitative performance indices in making neuropsychological inferences are emphasized.

Where possible, interns are involved in learning to provide supervision. This is sometimes carried out in the form of "supervised supervision" of assessments conducted by a more junior trainee (e.g., extern) as well as didactic sequences devoted to theories and principles of supervision. Other formats may include role-play, role reversal and hypothetical scenarios.

THE DIDACTIC PROGRAM

The seminar program covers a variety of general and specific topics related to clinical psychology. Seminars are supplemented by Department of Psychiatry, Neurology, and Division of Child and Adolescent Psychiatry grand rounds which feature presentations by prominent speakers. Ongoing seminars and journal clubs in neuroscience, geriatric psychiatry, and child psychiatry are also available for interested interns.

Each seminar is described below. Seminars are grouped by the track in which they are offered. Nonetheless, all interns are invited to attend any of the seminars if time permits. Some of the courses are year-long while others are presented in a mini-course format.

SEMINARS FOR ALL INTERNSHIP TRACKS

Core Issues This seminar forms the "heart" of the Internship's didactic program and runs throughout the internship year. Faculty and interns from the three tracks meet to explore a variety of issues. The seminar includes such modules or sequences as: a review of issues in psychiatric diagnosis and assessment; empirically supported psychotherapies with different age groups; psychopharmacology; multicultural issues; consultation; supervision; program evaluation; and other topics. It should be noted that issues of individual and cultural diversity are integral to the internship program and are incorporated into the internship course work and into individual and group supervision. Additionally, the seminar provides a regular forum for ongoing discussion of administrative and professional issues that arise for interns.

Professional Issues Colloquium On a monthly basis, issues bearing on the contemporary practice of psychology are discussed by internship and affiliated faculty. Examples of topics include: balancing career and family; obtaining a postdoctoral fellowship; managing a successful independent practice; reimbursement issues; building; career issues in research psychology; new practice opportunities for psychologists.

Case Conference Also on a monthly basis, a case conference is led by a senior psychologist. Interns take turns presenting active cases and provide feedback on cases presented by other interns. This provides a forum for practicing organized and thoughtful presentation of clinical information as well as an opportunity for peer review and "second opinions".

Legal and Ethical Issues A variety of ethical and legal issues in the delivery of psychological services are discussed by a psychologist who is also a lawyer and who – as a member of the voluntary staff - remains available for consultation as needed throughout the year. The seminar is offered as part of the initial orientation sequence and is designed to familiarize interns with the APA ethical code and to encourage sensitivity to and a thoughtful and inquisitive attitude towards ethical considerations.

ADULT PSYCHOLOGY TRACK SEMINARS

Psychological Assessment Training is provided in administration and interpretation of psychodiagnostic, cognitive, personality and some neuropsychological measures. The seminar includes review of fundamentals of testing, exposure to specialized assessments (e.g., malingering, learning disability, neuropsychological screening approaches) and the practice of oral and written reporting.

Group Psychotherapy Central issues in conducting group psychotherapy are reviewed with an expert group psychotherapist. In conjunction with this seminar interns may choose to take part in a group process experience with other interns.

Clinical Geropsychology This seminar reviews basic issues in assessment and treatment of older adults, clinical problems of later life, somatic treatment for late life psychiatric problems, psychotherapeutic interventions, and gerontology. The seminar is attended by Adult Psychology and Clinical Neuropsychology Track trainees with geriatric placements.

Family Therapy See description under "Clinical Child Psychology Track Seminars".

CLINICAL CHILD PSYCHOLOGY TRACK SEMINARS

Family Therapy: This seminar focuses on the acquisition of practical family therapy skills utilizing primarily a structural family therapy approach. The seminar makes extensive use of films, live simulations, and videotapes of master family therapists.

Evidence-Based Treatment: This seminar examines the current status of evidence-based or evidence-supported treatments for children and adolescents and the issues surrounding the use of evidence-based treatment.

CLINICAL NEUROPSYCHOLOGY TRACK SEMINARS

Advanced Topics in Neuropsychology: This seminar begins with introductory topics relevant to neuropsychological consultation in neurological, psychiatric, and general medical services. The neurologic examination is presented as well as other medical topics germane to neuropsychological evaluation. The seminar continues with lectures on topics that include the major focal neurological syndromes, specific neurological disorders, neurologic interventions, and neuroanatomy and neuroimaging.

Case Conferences/ Neuroscience Seminar: This seminar focuses broadly on neuroscience. Presenters include researchers from The Feinstein Neuroscience Institute, as well as faculty from the Department of Neurology. The neuroscience seminar alternates with ongoing clinical case presentations and the presentation of journal articles. At times trainees are asked to present cases, but more frequently the trainees will be presented with

one of the supervisor's cases, utilizing the format of the fact-finding portion of the oral boards.

Neuroradiology rounds: Interns attend and participate in the weekly Neuroradiology Conference alongside the neurology residents. This conference is led by a stroke behavioral neurologist (i.e., nearly all cases are of the brain rather than spinal cord), and neuroradiologist. After initial attendance at the Conference and the Neuroscience Seminar it is expected that the Clinical Neuropsychology Track interns will actively participate in the Conference to the same extent as first year neurology residents.

Additional didactic experiences in clinical neuropsychology are available through:

- Participation in daily Department of Neurology morning report and bed-rounds.
- Attendance at weekly Department of Neurology grand rounds
- Participation in Epilepsy Surgery Conference
- Attendance at Investigational Medicine lectures and Neuroscience lectures at the Feinstein Institute of Medical Research.

ADDITIONAL INFORMATION FOR ALL INTERN APPLICANTS

INTERN AND INTERNSHIP PROGRAM EVALUATION

As noted, the Internship program is a practitioner-scholar model. We value the scientific basis of clinical practice. We also value the diversity of backgrounds of our staff, trainees, patients, and larger community. When feasible, empirically-supported practices are used in our clinical programs. The **goal** of the Internship program is to further develop the trainee's competencies in:

- Professional conduct, ethics and legal matters,
- Individual and cultural diversity,
- Theories and methods of psychological diagnosis and assessment,
- Theories and methods of effective psychotherapeutic intervention,
- Scholarly inquiry and application of current scientific knowledge to practice,
- Professional consultation,
- Theories of supervision, and
- Theories of program evaluation.

The development of each of these competencies is evaluated throughout the training year and discussed in supervisory meetings. In addition, formal written evaluations are conducted at two time points during the year (midyear and after the midpoint of the second six-month period) and a written summary of performance is provided to the intern's graduate training director at those times.

The intern's evaluation of the Internship Program is actively sought. The Core Issues seminar provides an opportunity to discuss ongoing administrative and professional

problems that may arise. An intern representative is chosen by the interns for each of the Internship tracks for representation at faculty track meetings as needed. In addition, an intern represents the entire internship class at monthly meetings of the Education and Training Committee which includes leadership from the psychology externship, internship, and fellowship programs. The Director of Psychology Training meets with each intern at midyear to review progress and satisfaction and to discuss any concerns. At the end of the Internship year, interns are asked to provide a written evaluation of the internship program. Prior to leaving, interns also meet with the Director of Psychological Services to discuss their internship placements, supervisors and seminars. Finally, interns are surveyed at least one year after completing the internship to assess the way in which the internship impacted on their career and professional activities.

STIPEND AND BENEFITS

The stipend is \$23,500 annually. Benefits include 20 days of paid time off and 8 paid legal holidays. In addition, sick days may be used for illness. New hires in the North Shore LIJ Health System are not permitted to use paid time off during their first three months of work. Also, unused time off will ordinarily not be paid out at the end of the internship. The Medical Center provides a partially subsidized benefit program which offers the opportunity to select health, life, and disability coverage to meet personal needs. Interns and their eligible dependents are eligible for health care benefits as of the first day of the internship. The above information represents the policy as of September 1, 2012 and is subject to change; we will attempt to disseminate any substantive changes that occur.

APPLICATION REQUIREMENTS

The Internship begins on July 1, 2013 and continues for the period of one year (i.e., through June 30, 2014). ***Applicants may only apply to one of the three internship tracks. For the purpose of clarity, please indicate your choice of internship track prominently in your cover letter.*** Eligibility requirements for each of the Internship programs are as follows:

Adult Psychology Track: The applicant must be a candidate for the PhD or PsyD in an APA-accredited clinical or counseling psychology program or be enrolled in a formal respecialization program. Consideration is given to candidates in non-APA approved programs if their graduate education is comparable to that offered in APA-approved programs. Additionally, it is strongly preferred that applicants have administered and written a *minimum* of five integrated psychological test reports using complete psychodiagnostic batteries (*including cognitive and projective instruments*) in a clinical setting.

Clinical Child Psychology Track: The applicant must be a candidate for the PhD or PsyD in an APA-accredited clinical, counseling, or related program. Consideration is given to candidates in non-APA approved programs if their graduate education is comparable to that offered in APA-approved programs. Priority is given to those candidates with a strong commitment to and significant experience in research and treatment of children and adolescents. At least one year of clinical experience with children or adolescents is

required. Applicants from School Psychology programs will not be considered unless there is evidence of intensive experience (greater than 1 year in duration) in non-school clinical settings.

Clinical Neuropsychology Track: The applicant must be a candidate for the PhD or PsyD in an APA-accredited clinical or related program, or be enrolled in a formal respecialization program. Consideration is given to candidates in non-APA approved programs if their graduate education is comparable to that offered in APA-approved programs. Applicants will have completed a designated track, specialization or concentration in neuropsychology, which includes both course work and two years of supervised experience in clinical neuropsychology.

ACCREDITATION

The internship program has been accredited by the American Psychological Association (APA) since 1979 and is fully accredited through 2012. The address of the APA Accreditation Office is:

Office of Program Consultation and Accreditation
American Psychological Association
750 First Street, N.E., Washington, D.C. 20002-4242
Tel: 202-336-5979

APPLICATION PROCEDURE

The internship program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC). Applications will only be accepted through the APPIC Application for Psychology Internships (AAPI) online at www.appic.org. Three letters of recommendation are required.

The application deadline for the 2013-14 internship cycle is November 15, 2012 (i.e., applications must be submitted by the 5pm EST of that date).

In addition to the standard elements of the APPI online, the following supplemental materials are required (via scanned upload as per AAPI online instructions):

Supplemental Materials:

- ***Applicants to the Adult Psychology Track:***
 1. One psychodiagnostic test report of an adult (*including cognitive and projective measures*) **and**
 2. One summary of an adult clinical treatment case.
- ***Applicants to the Clinical Child Psychology Track:***
 1. One psychodiagnostic test report of a child or adolescent (*including cognitive and personality measures*) **and**
 2. One case summary of a child or adolescent treatment.

- ***Applicants to the Clinical Neuropsychology Track:***
Two neuropsychology test reports.

Neuropsychology Track Applicants:

- ◆ In the event that you are unable to list all of the assessment instruments you have used on the AAPI online, please add a list of all psychological assessment instruments that you used through November 1 as part of your practica experiences and indicate whether they were with actual patients/clients or research participants in a clinical study. If the person you assessed was not a client, patient, or clinical research participant, then you should not include this experience in this list. Do not include any practice administrations. Please use the same format as AAPI online.
- ◆ Interviews will be held on Wednesday January 2, and Tuesday January 8, and Thursday January 10, 2013. Although you do not need to indicate the dates when you are free, please keep these dates in mind as you go through the application process.

Please be sure to comply with HIPAA requirements in ensuring the de-identification of submitted work samples.

INTERNSHIP SELECTION PROCEDURES

This program is a member-subscriber of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and strictly observes the guidelines of this organization and its match procedures (which can be found at <http://www.natmatch.com/psychint/>). The Long Island Jewish Medical Center – Zucker Hillside Hospital Internship Program requires on-site interviews. Due to the large number of applications received, we are not able to offer interviews to all applicants. Every effort will be made to notify applicants of their interview status by December 15, 2012. *Upon interview*, a recent photograph is helpful as an aid for interviewers' accurate recall but this plays *no role* in selection or ranking.

Applicants invited for interviews will be notified of any "open house" meetings during which they can meet with current interns and faculty and learn more about the internship.

Applicants matched to the internship should understand that prior to commencing the internship they will need to pass a Health System required medical examination, a review of their credentials and a screening by the New York State Child Abuse Registry. These procedures and a pre-employment interview *must be completed in advance of commencing the internship and necessitate availability in June*. Applicants should also note that some placements require evening hours.

This internship site agrees to abide by the APPIC policy that no persons at this training facility will solicit, accept or use any ranking-related information from any intern applicants.

INFORMATION

We ask that information about the program be accessed through our [training website](#).
Requests for further information should be directed to:

[Elihu Turkel, PsyD](#)
Director of Psychology Training
The Zucker Hillside Hospital
75-59 263rd Street
Glen Oaks, New York 11004
E-mail: turkel@lj.edu

Psychology Internship Core Training Faculty

Elihu Turkel, PsyD	<i>Director of Psychology Training and Adult Internship Track, Yeshiva University, 1984</i>
Paul Mattis, PhD, ABPP-CN	<i>Director, Clinical Neuropsychology; Assoc. Dir. of Neuropsychology Internship Track, U of Houston, 1994</i>
Peter D'Amico, PhD, ABPP	<i>Director, Child and Adolescent Psychology; Assoc. Dir. of Clinical Child Internship Track, SUNY-Binghamton, Clinical, 1995</i>
Laura Braider, PhD	Hofstra University, School/ Clinical, 2009
Thomas Cromer, Ph.D.	Adelphi University, Clinical, 2009
Shira Kaufman Danzig, PhD	Fairleigh Dickinson University, Clinical, 2009
Lee Geisen, PhD	Adelphi University, Clinical, 1980
Alison Gilbert, PhD	University of Pittsburgh, Clinical, 2008
Terry Goldberg, PhD	University of Michigan, Educational, 1978
Dina Hirsch, PhD	University of Maryland, Clinical/Community, 2002
Marie Genevieve Iselin, PhD	Clark University, Clinical, 2004
Jimmy Kim, PsyD	Pace University, School-Clinical-Child, 2003
Barbara Libov, PhD	St. John's University, Clinical, 1996
Stewart Lipner, PhD	Yeshiva University, Clinical, 1985
Tara Mandel, PhD	Hofstra University, School/ Clinical, 2008
Jennifer Newman, Ph.D.	Hofstra University, School/ Clinical, 2007
Jamee Nicoletti, PhD	Graduate Center, CUNY, Neuropsychology, 2008
Meredith Owens, PhD	St. John's University, Clinical Child, 2007
Rosanne Pachilakis, PsyD	Hofstra University, School Community, 2003
Wendy Paisner, Psy.D.	Yeshiva University, Clinical, 2002
Rita Ryan, PhD	New School University, Clinical, 1997
Sarah Schaffer, PhD	Pacific Graduate School of Psychology, Clinical, 2005
Leah Siskin, PhD	Washington University, Clinical, 1992
Stephanie Solow, PsyD	Pace University, School/Child Clinical, 2004
Jill Sonnenklar, PhD	St. John's University, Clinical, 2002
Philip Szeszko, PhD	St. John's University, Clinical, 1997
Joyce Tanzer, PhD	St. John's University, Clinical, 1996
Lisa Testa, PhD	New School University, Clinical, 2006
Margaret Tippy, PsyD	Pace University, School-Clinical, 2000

2012-2013 Clinical Psychology Interns

Adult Track

Karen Burns	Yeshiva University
Lindsay Greene	Hofstra University
Bella Grossman	New School University
Monica Pal	Adelphi University
Amanda Volper	Yeshiva University
Jacqueline Wyka Mahajan	Yeshiva University

Clinical Neuropsychology Track

Kim Goldstein Zinn	Temple University
Dora Kanellopoulos	CUNY – Graduate School and University Center
Andrea Miele	State University at Albany

Child Psychology Track

Amanda Conforto	Immaculata University
Alison Tebbett	St John's University

The Zucker Hillside Hospital Administration

John M. Kane, M.D.	Chairman, Dept. of Psychiatry, The Zucker Hillside Hospital; Vice-President, Behavioral Health, North Shore-LIJ Health System
Blaine M. Greenwald, M.D.	Associate Chairman, Dept. of Psychiatry, The Zucker Hillside Hospital; Director, Division of Geriatric Psychiatry
Joseph Schulman	Executive Director, The Zucker Hillside Hospital